

The Buell Street Bistro

Gluten Free Menu

Modern Mediterranean & Market Garden Cuisine in historic downtown Brockville

All menu items are available for Take out
27 Buell Street, Brockville, Ontario (613) 345-2623

Welcome! Please inform your server of any allergies.

Gluten Free Bread - with extra virgin olive oil and Balsamic vinegar \$4

Soup du Jour - please ask your server for today's freshly made selection \$7

Salads

Bistro Bouquet - artisan lettuce garnished with tomato, cucumber, peppers, carrots, radishes and a blueberry balsamic vinaigrette \$8.50/ \$15

Caesar Salad - homemade dressing, bacon bits, Asiago \$9/ \$16

Mediterranean Beet Salad - Spicy pickled golden beets with tomato, peppers, cucumber, red onions, marinated Feta and citrus-herb-garlic Vinaigrette \$10 / \$17

Add marinated chicken breast to any salad for an additional \$9
Add a sesame crusted salmon fillet \$14 / Add garlic tiger shrimp \$12

Baked Brie - 5 ounces of brie cheese brushed with maple syrup and rolled in ground walnuts; topped with apple-pear chutney & served with GF bread \$14.75

Classic Escargot - sautéed with parsley and garlic butter au gratin; served with gluten free bread \$13.25 (Not recommended for take out)

Mussels

Fresh from P.E.I.- small (1 lb.) \$15 or large (2 lbs.) \$27

Cardinal - lobster sauce, white wine, cognac, red onion, cream

Chef's Choice - tomatoes, onions, garlic, olive oil, cream, horseradish pepper

Served with gluten Free Bread Add a side of home cut fries \$6

Please note all items are "while quantities last."

Our deep fryer is not designated gluten free

Entrees

Pasta Puntanesca \$21

Spaghetti noodles tossed with garlic, chilli, sundried tomato, black olives, capers and white wine topped with asiago and parsley gremolata

Add chicken breast for \$9 / Add 5 garlic shrimp for \$12

Seafood Pasta \$30

Gluten free pasta sautéed with tiger shrimp, sea scallops, salmon, leeks, onions, mushrooms, peppers and white wine cream sauce topped with Asiago cheese
Vegetarian version available without seafood for \$20

Indo Stir Fry \$27

A stir fry of basmati rice, chicken breast, black tiger shrimp, seasonal vegetables and our signature house-made curry blend; topped with sesame seeds.
Ask for it mild, medium or hot! (available vegetarian with no chicken/shrimp)

Seafood Thermidor \$30

Scallops and shrimp nestled on a fillet of Pacific snapper surrounded by thermidor sauce (red onions, mushrooms, white wine, lobster reduction, cream, Dijon) topped with melted Swiss cheese. Served with rice pilaf and fresh vegetables

Maple Walnut Salmon \$27

Fresh Atlantic Salmon fillet encrusted with roasted walnuts and drizzled with maple syrup served with basmati rice and fresh sautéed vegetables

Mojo Tuna \$33

Seared sushi grade sesame tuna steak (served rare) on a bed of basmati rice with vegetables, golden beet salsa and a zesty Mojo sauce (fresh herbs, garlic, citrus)

Ontario Pork \$25

Orange marinated butterflied pork tenderloin grilled to medium-well served with creamy garlic mashed potatoes, fresh vegetables and spiced apple-pear chutney

Stuffed Chicken \$28

Oven cooked supreme of chicken with roasted red pepper and parmesan stuffing served with roasted potatoes Provencal, fresh vegetables and a balsamic vinegar cremini mushroom white wine cream sauce

New York Striploin Steak - Center cut AAA Alberta beef grilled to your specifications with roasted potatoes Provencal, vegetables & peppercorn sauce

8 oz. - \$33 10 oz. - \$36 12 oz. - \$39 14 oz. - \$42

Add 5 garlic shrimp for \$12 / Add sautéed mushrooms or onions for \$7

Thank you for choosing the Buell Street Bistro