

Gluten Free Menu

The Buell Street Bistro 27 Buell, Brockville, Ontario. 613-345-2623

Welcome! Please inform your server of any allergies.

Gluten Free Bread - with extra virgin olive oil and Balsamic vinegar \$4
Soup du Jour - please ask your server for today's freshly made selection \$6.75

Salads

Bistro Bouquet - artisan lettuce garnished with tomato, cucumber, peppers, carrots, radishes and a blueberry balsamic vinaigrette \$8/ \$14

Caesar Salad - homemade dressing, bacon bits, Asiago \$9/ \$16

Creamy Kale Salad - fresh kale, cucumbers, tomato, peppers, dried cranberries and walnuts tossed in Caesar dressing; topped with Asiago \$8 / \$14.50

Add marinated chicken breast to any salad for an additional \$8
Add a sesame crusted salmon fillet or garlic tiger shrimp for \$12

Baked Brie - 5 ounces of brie cheese brushed with maple syrup and rolled in ground walnuts; topped with spiced cran-apple marmalade and served with GF bread \$14

Classic Escargot - sautéed with parsley and garlic butter au gratin \$12

Mussels

Fresh from P.E.I.- small (1 lb.) \$12.50 or large (2 lbs.) \$20

Mariniere - white wine, shallots, fine herbs

Garlic Lovers - Roasted garlic, onions, shallots, white wine, cream
or

Our feature mussels of the day

Side of home cut fries \$5 Gluten Free Bread \$4

Our deep fryer is not designated gluten free

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Sandwiches- Lunch only

Please choose from the following sides:
soup of the day or bistro salad or fresh cut fries
upgrade to any soup or salad menu choice for only \$2.50 extra

Bombay Chicken - Curried chicken salad with cranberries, coconut, almond, celery and apples on a gluten free bun \$15.50

Club Panini - Marinated chicken breast, lettuce, tomatoes, onion and smoked bacon on a gluten free bun with garlic aioli \$15.50

British Panini - Shaved striploin, sautéed onions and Swiss cheese on a gluten free bun \$16

Grilled Cheese Melt - Smoked cheddar, creamy brie, sautéed baby spinach, tomato and caramelized onion served open faced on a gluten free bun with garlic aioli \$15.50

Steak Frites - 7 oz. AA striploin steak grilled to your specifications; served with home cut French fries and fresh herb green peppercorn sauce \$22

Entrees (Lunch & Dinner)

Indo Stir Fry \$25

A stir fry of rice, chicken breast, black tiger shrimp, seasonal vegetables and our signature house-made curry blend; topped with sesame seeds.
Ask for it mild, medium or hot!

Seafood Thermidor \$27

Scallops and shrimp nestled on a fillet of Pacific snapper surrounded by Thermidor sauce (red onions, mushrooms, white wine, cream and a touch of Dijon) topped with melted Swiss cheese. Served with rice pilaf and fresh vegetables

Vegetarians Dream \$19

Basmati Rice pilaf stir fried with fresh vegetables, chick peas, garlic, ginger, coconut milk, artisanal roasted curry and sesame seeds

Entrees (Lunch & Dinner)

Magnifico \$19

Gluten free pasta, leeks, artichoke hearts, sundried tomato, onions, mushrooms, garlic, Asiago and tomato cream sauce
with chicken breast add \$8

Seafood Pasta \$27

Gluten free pasta sautéed with tiger shrimp, sea scallops, salmon, leeks, onions, mushrooms, peppers and white wine cream sauce topped with Asiago cheese
Vegetarian version available without seafood for \$19

Pesto Salmon \$24

Fresh Atlantic Salmon fillet encrusted with basil-almond-citrus pesto served with golden rice pilaf and fresh vegetables

Dinner Entrees (not available at Lunch)

Ontario Pork \$23.50

Juicy pork tenderloin pan seared to medium-well served with creamy garlic mashed potatoes, fresh vegetables and cranberry-apple marmalade

Stuffed Chicken \$24

Oven cooked supreme of chicken with roasted red pepper and parmesan stuffing served with roasted potatoes Provencal, fresh vegetables & lemon herb cream sauce

New York Striploin Steak - Center cut AA beef grilled to your specifications served with roasted potatoes Provencal, fresh vegetables and green peppercorn sauce

8 oz. - \$26 10 oz. - \$29 12 oz. - \$32 14 oz. - \$35

Add 5 garlic shrimp for \$12 / Add sautéed mushrooms for \$6

Australian Lamb Sirloin \$32

Boneless pan seared lamb with a provencal marinade of lavender, herbs, olive oil and lemon. Served with creamy garlic mashed potatoes fresh vegetables and a Rosemary cream Dijon sauce

Prices do not include HST

Gluten Free Desserts

Save room for one of our delicious desserts.
We always have a few that are gluten free.

Crème Brule
Decadent Chocolate Torte
Fresh fruit
Tartuffos

Little Extras

garlic aioli / Caesar dressing / extra sauce / side of Asiago - \$2
Side of sautéed mushrooms or onions - \$6

Like us on [Facebook](#) to get up to the minute info on our monthly festivals, live music, special events, holiday hours and coupons

We are doing our best to follow all government regulations and requirements in regard to Physical distancing, cleaning, sanitization and personal hygiene

Thank you for Choosing the Buell Street Bistro

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